

After shoulder surgery ? sling & early care

OSclinic ? Dr Ala' Hawa | Amman, Jordan

- Wear the sling as instructed (often several weeks)
- Keep the wound clean and dry unless told otherwise
- Do only the early exercises your team demonstrated
- Sleep propped as advised; avoid driving until cleared
- Call the clinic for increasing numbness, fever, or severe pain

Disclaimer: Procedure-specific; follow your discharge sheet.

Version: 2026-10-07 | Call 00962791368302