OSclinic

OSclinic — Dr Ala' Hawa I Specialist Orthopaedic Surgeon

Al-Rasheed Hospital, Jordan Street, Amman, Jordan

Call 00962791368302 · WhatsApp 00962788454784

SPORTS KNEE

Sports knee / ACL visit — what to bring

Whether this is a first injury or a knee that remains unstable after prior surgery, clear records speed accurate planning.

Please bring

- Photo ID and insurance details (if applicable)
- Knee MRI and X-rays — images and reports (disc, USB, or printouts)
- Prior operation notes and graft details if you had ACL or meniscus surgery
- List of medications and allergies
- Short symptom summary: injury date, giving-way, swelling, locking, sport level
- Your return-to-sport or work goals

If a previous ACL reconstruction has failed

- Bring operation notes, graft type if known, and a recent knee MRI
- Selected revision cases are assessed case by case after clinical and imaging review
- Second opinions are welcome before further surgery (not marketed as a revision centre)

Educational checklist only — not a diagnosis. Multiligament injuries and locked knees may need more urgent assessment.